

JULY 2021

# THE CONNECTION

Waverly Health Center Volunteer Services



## NOTES FROM MELINDA

Happy July! I know that we are all excited to be able to celebrate the 4th this year with our family and friends! When you are out and about, please be on the look out for possible new volunteers as we have some openings that need to be filled. If you give me names and numbers I WILL CALL!

*Melinda*



**IT IS NOT  
TOO LATE!**  
*If you would like  
to donate to  
WHC Auxiliary  
See page 9 for a  
gift statement!*



Winner: Carol Bruxvoort  
Nominated by: Diane Steege

## CAROL BRUXVOORT IS 2021 VOLUNTEER OF THE YEAR!

Carol has been in charge of the fundraising for our Auxiliary for the past couple of years. All was moving along smoothly with fundraisers being very successful in raising the funds we need to support our scholarship goal of \$12,000 each year. Then the pandemic hit! At first our fundraisers were canceled or postponed as we all tried to come to grips with life in quarantine. After many conversations and phone calls, virtual sales became the new normal. Carol worked tirelessly contacting organizations and groups to set up these on-line sales. We have shopped for everything from linens and candies to socks and salsa and done it all by phone and computers. Carol has been at the center in organizing these fundraisers while the rest of us have done our best to get the word out and support the goals of having successful fundraisers. We on the Auxiliary appreciate Carol's ongoing work as she makes the contacts, sets the dates and gets the word out about our next upcoming sale. Thanks Carol!

### NEW VOLUNTEERS:

Ally Focht

### WELCOME BACK:

Gretchen Ellerbroek  
Martina Harper  
June Hicks

### VACCINATION CLINIC:

Center Pharmacy will host a vaccine clinic on July 16 (second dose August 13). Use the following link to sign up. This event is open to the public.

<https://www.signupgenius.com/go/10C0C4BA4AB22A...-moderna>

### Auxiliary Board

#### Meeting

Monday, July 12  
9am-10am  
CG Room  
Everyone is  
welcome!

AUXILIARY SCHOLARSHIPS:

\$1,000 WHC AUXILIARY SCHOLARSHIPS

Karlee Boyle, Janesville  
 Gabby Corday, Denver  
 Bailey Rustad, Tripoli

University of Iowa  
 Wartburg College  
 University of Northern Iowa

Dr. of Pharmacy/MA of Public Health  
 Biology  
 Speech-Language Pathology

\$1,500 WHC AUXILIARY SCHOLARSHIPS

Aleshia Bloker, Plainfield  
 Jacob Norton, Clarksville  
 Danielle Panning, Janesville

Allen College  
 University of Iowa  
 University of Northern Iowa

MA in Nursing Education  
 Dr. of Physical Therapy  
 Biochemistry/Biomedical Biology

\$2,200 WHC AUXILIARY SCHOLARSHIPS

Hanna Fanter, Waverly  
 McKayla Lebeck, Nashua

Allen College  
 Northeast Iowa Community College

BS in Nursing  
 Nursing



Karlee Boyle



Gabby Corday



Bailey Rustad



Aleshia Bloker



Jacob Norton



Danielle Panning



Hanna Fanter



McKayla Lebeck



AUXILIARY BOARD for 2021-2022:

Ellen Crayne, President

Marnie Hubbard, Vice President

Robert Frederick, Secretary

Carol Young, Treasurer

Tom Hubbard, Past President



NATIONAL HOT DOG DAY:

July 21st Red-Hot Hot Dog



Facts

- Hot Dogs & Hamburgers are a summertime staple in the U.S.
- 9 billion hot dogs are sold annually in the U.S.
- Americans eat 155 million hot dogs on the 4th of July each year.
- From Memorial Day to Labor Day, 7 billion hot dogs are consumed in the U.S
- 26 million hot dogs a year are eaten at U.S baseball stadiums.
- In 2014, 7-Eleven sold over 60 million hot dogs.
- In 2017, 7-Eleven sold over 100 million hot dogs.
- Mustard is the most popular condiment for hot dogs.

\*info from holidayscalendar.com

VOLUNTEER ANNUAL REVIEW:

The yearly Annual Volunteer Review will be in August. The purpose of the review is to refresh all volunteers on important information and to satisfy Joint Commission standards. The annual review is designed to be self-directed. Things went so well last year, we are going to do it the same way again this year.

You will need to sign up for a time slot to attend. There will be 3 slots per 15 minutes starting at 8:00 am. You can sign up with the on-line scheduling under Volunteer Review or you can call me at 319-483-4076 or email me to choose a time.

If you are not comfortable or not available to come in, I can email or mail you the packet. Plan to spend about 45 minutes reviewing information and answering questions on a worksheet. I will be available to answer your questions.

Times:

Wednesday, August 18

Tuesday, August 24

Held in Tendrils

8:00 am - 1:00 pm

8:00 am - 12:00 pm



Please wear a mask. Use hand sanitizer upon arrival and at departure.

Please DO NOT come if you are ill.

**CEO HIRING PROCESS:**

The Board of Trustees selected Furst Group, an executive search firm with extensive experience in health care leadership recruitment, to facilitate the hiring process for our new CEO. Their first step will be to complete an opportunity assessment and develop a position profile. They will be interviewing a wide variety of stakeholders to complete this step. They have advised us that the search for a CEO will likely take about six to seven months to complete.

**AUXILIARY FUNDRAISER:****Waverly Health Center Auxiliary Fundraiser****Emerson's at the Willow:****Sweet Deals on Scrubs, Clothing & Shoes**

**Thursday, August 5, 2021-7:30 am to 4:00 pm**

**Friday, August 6, 2021-7:30 am to 1:00 pm**

**Tendrils Rooftop Garden**

**50% or more off**

**S-3X Clothing and XS-5X scrubs**

*Unique fashions and awesome deals on scrubs!*

*Proceeds from the sale support Auxiliary projects that help the health center and provide scholarships for students entering health service occupations.*

*Open to the public.*

**BRIDGE MARATHON:**

The bridge Marathon is sponsored by the hospital. It has been around for over 25 years, however, the Marathon needs more players to keep going.

We would like to encourage more participation in the Marathon as it is a fundraiser for the hospital.

If you are interested in participating please contact

Marnie Hubbard or call Dee Coonradt at (319) 352-2541.

as soon as you can and before August.

**HOW CAN YOU SUPPORT THE WHC AUXILIARY?**

We asked Nancy Payne who lives in Allison. Nancy is a RN who retired after 42 years in nursing. She became involved with the WHC Auxiliary in 2008. Nancy says, "Besides volunteering onsite, there are many other ways I support the Auxiliary. Some things I've done are making baby blankets, participating in other activities organized by the Auxiliary, purchasing goods through all the fundraisers, and making cash and/or in-kind donations."

Thank you Nancy!



**ICE CREAM DESSERT**

From the kitchen of: Deb Newton

Mix Together:

2 Cups Rice Chex Cereal, crushed  
 2/3 Cup Brown Sugar  
 1/3 Cup Butter, melted

1 Cup Coconut  
 1/2 Cup Nuts, chopped (walnuts)

Spread Rice Chex mixture in 9x13 pan. Save 1/4 Cup for topping.

Scoop 1/2 gallon vanilla ice cream (softened) and lay on top of Rice Chex mixture. It will not look smooth—just layer on top in scoops; fill entire pan.

Top with 1/4 Cup Rice Chex mixture. Refrigerate overnight.

Top with fresh strawberries or chocolate syrup or both when serving.

**ICE CREAM PUDDING DESSERT**

From kitchen of: Beth Blake

12 graham crackers, crushed  
 12 soda crackers, crushed  
 1/2 Cup margarine, melted  
 2 (3 3/4 oz) packages vanilla instant pudding

2 Cups cold milk  
 1 quart softened vanilla ice cream  
 1 8oz carton Cool Whip  
 2 (1 1/2 oz) Heath candy bars

Mix graham crackers, soda crackers and margarine. Put 2/3 of crumbs in a 9x13 pan.

Beat pudding mix and milk. Add ice cream and mix well. Pour over crumbs in pan.

Chill until firm. Spread Cool Whip over top.

Crush candy bars and mix with remaining crumbs. Sprinkle on top of Cool Whip.

Chill (I keep mine in the freezer)

## BUILDING PROJECT:

**June 11, 2021:** We are pleased with our progress this week! Ceiling grid has been installed in many rooms in the Christophel clinic, most notably in the teamwork 1 area. The teamwork 1 area has also been painted and lights have been installed. Our plumbers have begun to snub in hot and cold water to the penthouse and layed pipe for a hydrant to be placed in a green area outside the hospital.

Next week we are hoping to start getting ceiling grid up in the teamwork area in the emergency department, pushing that area closer toward completion. Our framers have completed the bulkhead in front of the reception area in the ED and the electricians are currently installing lighting in that area.

Moving to the exterior, we are preparing to lay concrete on the south-east end of our addition, with the pouring to commence mid-week next week. Framing started up on the clearstory canopy.



**June 4, 2021:** The contractors have made great progress in the emergency department laying floor in the triage rooms, three exam rooms, and a couple storage rooms. They were able to caulk all above ceiling apertures in the ED and will continue next week in Christophel. Ceiling grid was installed in the main waiting area. Next week they are installing an ice melt system, which will allow the rest of the concrete to be poured in the waiting area. Two power panels were pulled in the emergency department, as well as two more in the Christophel Clinic.

Millwork was finished in seven exam rooms in the clinic and contractors are continuing to install them in other rooms. Ceiling grid was installed in one of the teamwork areas with the installation of lights soon to follow. They are close to having all the drywall hung in both teamwork areas.

The demo is ongoing at the green entrance and contractors are working to finish the data center in the penthouse. They were blessed with great weather this week, so the roofers were able to make substantial progress and they also installed roof ductwork.



# Fishing Word Search



ANGLER  
BAIT  
BOAT  
CREEK  
MOSQUITOES

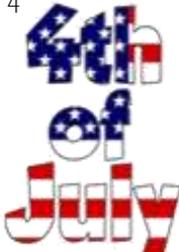
REEL  
TACKLE BOX  
WADERS  
PIER  
DOCK

BOBBER  
MINNOWS  
SPINNER  
WORMS  
GRASSHOPPERS



# July 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 	5 Nat'l Graham Cracker Day 	6 Jerry Vallem	7 Gretchen Ellerbroek  Nat'l Strawberry Sundae Day 	8	9 Marvin Orth  Nat'l Sugar Cookie Day 	10 Mark Trax Barb McWhirter McKenna Hart
11	12 Auxiliary Bd Mtg 9am CG Room	13 Nat'l French Fry Day 	14 Larry Young	15	16	17
18 Caitlin Sanderman	19 Debra Newton	20	21 Joyce Lubben  Nat'l Hot Dog Day 	22	23 Nat'l Vanilla Ice Cream Day 	24 Julia Palestrina
25 Nat'l Wine & Cheese Day 	26	27	28	29	30	31

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*If you would like to donate to WHC Auxiliary*

## 2021 GIFT STATEMENT—AUXILIARY MEMBERSHIP

### YOUR INFORMATION

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Name(s)

Email

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Address

City, State, Zip

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Telephone

### GIFT OPTIONS (all gifts are tax-deductible)

I would like to make a gift of \$ \_\_\_\_\_ (checks payable to Waverly Health Center Auxiliary)

I would like my gift to benefit: (please check your choice)

\_\_\_ The Auxiliary Endowment Fund

\_\_\_ The Auxiliary Annual Health Education Scholarships. (Any monies received without designation will be put towards Scholarships)

### GIFT DETAILS

The Auxiliary Endowment fund was established in 2011 to provide discretionary funds in perpetuity. The annual earnings will be directed to Auxiliary projects by the Auxiliary Board.

Each year the Auxiliary gives Health Education Scholarships. This year we gave out \$11,900 to 8 scholarship recipients.