

REFERRAL
DIABETES SELF MANAGEMENT TRAINING
MEDICAL NUTRITION THERAPY

Resource Scheduling Phone: 319-483-1422/Fax: 319-352-1524

Janine Johnson, RN, BSN 319-352-4952

Patient Name:	Phone # (H):	(W):
Address	DOB:	Age:
City, State	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	

Diabetes Self Management Training & Medical Nutrition Therapy (DSMT/MNT)

Diabetes Self-Management Training (DSMT) is a 10 hour program consisting of both individual and classroom sessions. Diabetes self-management training (DSMT) and medical nutrition therapy (MNT) are individual yet complementary services to improve diabetes care. Research indicates MNT combined with DSMT improves outcomes.

➔Diagnosis

___ Type 1 DM ___ New Onset ___ Uncontrolled

___ Type 2 DM ___ New Onset ___ Uncontrolled

___ Gestational DM

___ **Insulin initiation or change:** A written prescription for the starting dose, frequency and type of insulin must accompany this referral.

___ **Follow Up Education:** Medicare patients are eligible for two hours refresher education, plus two hours MNT education annually.

Special Needs or Barriers requiring individual appointment:

___ Vision/Hearing ___ Language Limitation ___ Cognitive Impairment ___ Other:

Medical Nutrition Therapy (MNT): Diagnosis: _____

To schedule an appointment call Resource Scheduling at (319) 483-1422. Please fax current clinical note, H&P, current medication list, and recent laboratory values to (319) 352-1524.

I certify these services are medically necessary.

Date: _____

Provider Signature: _____

