

## Know Your Insurance Coverage

WHC is unable to tell you what your insurance plan covers. Please contact your insurance company before your scheduled EGD to learn what is covered. Our office may call your insurance for pre-authorizations prior to your colonoscopy, but this does not guarantee payment for the service.

## Billing Questions

WHC staff is here to help answer your billing questions. Please call our Clinic Billing Office at (319) 483-4889.

# Preparing For Your Upper Endoscopy (EGD)

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**WAVERLYHEALTH**  
— C E N T E R —  
GENERAL SURGERY CLINIC

(319) 352-8033

WaverlyHealthCenter.org  
312 Ninth Street SW  
Waverly, Iowa 50677

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Date of EGD:

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**Time:** Surgery will call you with your time 1-2 business days beforehand.

**Check-in at surgery:**

1. Park in the Red Lot
2. Take the elevator to the 2<sup>nd</sup> Floor
3. Turn left off the elevator and follow the hallway to the surgery complex

**Before your Procedure**

- You need a driver to take you home. You can not drive for 24 hours after your test.
- DO NOT eat or drink after midnight.
- For 7 days before, do NOT take: regular (325 mg) Aspirin, Ibuprofen (Advil, Motrin, etc.), Naproxen (Aleve), Mobic and other anti-inflammatory medications.
- Baby (81 mg) Aspirin is okay if you are taking to thin your blood.
- Tylenol (acetaminophen) is okay.
- Hold Lisinpril day of procedure
- No PLAVIX/COUMADIN/EFFIENT/ELIQUIS for \_\_\_\_ days before the procedure.
- No Lasix, HCTZ, Spironolactone or other “water pill” the day of your procedure.
- Diabetics:**
  - Take ½ dose of diabetic medicine the night before your procedure.
  - DO NOT take any diabetic medication the morning of your procedure.
- Continue blood pressure, heart and other prescription medication except those listed above.

**Office Follow-up Visit**

as needed

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