



WHC Support Groups - 2018

Alzheimer's/Dementia Music Therapy and Caregiver Support Group

*Meets the first Tuesday of the month | 12:30 to 1:30 p.m.
Tendrils Rooftop Garden*

Breastfeeding Support Group

Meets the first Thursday of the month | 1 to 2 p.m. — CG Room

Finding Support for Families of Children with Special Needs *NEW!

*Meets the first Tuesday of the month (**quarterly**)
Aug. 7 & Nov. 6 | 5:30 to 6:30 p.m. — Tendrils*

Parkinson's Caregiver and Support Group

*Meets the second Saturday of the month | 10 a.m. to Noon
Tendrils Rooftop Garden*

Parkinson's Singing Group

Call for more information. (319) 483-4118

Stroke Support Group

*Meets the second Tuesday (**every other month**)
11 a.m. to 12:30 p.m. | Aug. 14; Oct. 9; Dec. 11
Tendrils Rooftop Garden*

WAVERLY HEALTH
— C E N T E R —

(319) 352-4120 | WaverlyHealthCenter.org