

# WAVERLYHEALTH — C E N T E R —



## Report to the Community

Fiscal Year 2023  
(July 1, 2022 to June 30, 2023)

A message from Jodi Geerts, CEO, Waverly Health Center

Fiscal year 2023 was marked with transformation and growth for Waverly Health Center. We completed the building expansion project, welcomed several new providers and incorporated innovative technologies and services. These developments allow us to offer improved quality of care for all the communities we proudly serve.

Our number one priority is to provide high quality, person-centered care to help you get well and stay well. We were proud to receive a five-star rating from the Centers for Medicare and Medicaid Services for quality of care. This reflects the hard work and dedication of our entire staff.

As local health needs change and the health care landscape evolves, we remain committed to being your trusted health center and meeting your unique needs.



Mission, Vision and Values

**Mission:** Waverly Health Center will provide high quality, person-centered health care.

**Vision:** Waverly Health Center will be recognized for providing the premier health care experience in Iowa.

**Values:**  
**Compassion** - "We will care for others with dignity and empathy."  
**Enthusiasm** - "We will eagerly provide a smile and friendly atmosphere."  
**Excellence** - "We will consistently provide quality care and service."  
**Innovation** - "We will be creative, progressive and open to change."  
**Integrity** - "We will be dedicated, honest, respectful and accountable."  
**Leadership** - "We will provide vision and guidance."

Medical Staff Update



**Dr. Emily Boevers**  
Women's Clinic

Dr. Boevers received her undergraduate degree from the University of Northern Iowa and her medical degree from the University of Iowa Carver College of Medicine. She joined the health center in August 2023.



**Julie Cousin, ARNP**  
General Surgery Clinic

Ms. Cousin received her undergraduate degree from Allen College and her post-nursing master's certificate from Minnesota State University. She joined the health center in March 2023.



**Mary Jane "Janie" Hughes, ARNP**  
Walk-In Clinic

Ms. Hughes received her undergraduate degree from Indian Hills College and her master's degree from Allen College of Nursing. She joined the health center in August 2022.



**Jacob Nagel, PA-C**  
Walk-In Clinic

Mr. Nagel received his undergraduate degree from the University of Northern Iowa and his master's degree from Des Moines University. He joined the health center in September 2022.



**Jill Schmitt, ARNP**  
Janesville and Nashua Clinic

Ms. Schmitt received her undergraduate degree from Allen College and her master's degree from Chamberlain University. She joined the health center in June 2023.

WHC *by the*  
NUMBERS



**7,385**  
emergency  
department  
visits



**1,947**  
ambulance  
calls



**2,552**  
surgeries



**197**  
babies



**834**  
inpatient  
admissions



**436,481**  
outpatient  
registrations



**58,607**  
outpatients



**489**  
employees



**\$195,860**  
average cost per  
day to operate WHC





## Construction Project: That's a wrap!

In October 2019, the first contractors arrived at Waverly Health Center (WHC) to begin a more than 3-year construction project. Construction wrapped up in 2023, and all departments and services settled into their new homes.

Planning for the project started in 2016 when the hospital began working with the United States Department of Agriculture (USDA) on long-term financing. The total construction budget was \$36.1 million with the hospital contributing over \$9 million in hospital cash and donations. In September 2022, the hospital closed its loan with the USDA after reaching substantial completion of the project.

- The building project had three primary goals that were all achieved:
- Create a new emergency department that supports effective and efficient patient care.
  - Provide more clinic space for primary care services and visiting specialists.
  - Improve wayfinding for patients so it is easier to know where to go for care.

“The end of the project brings a sense of excitement and relief,” stated Heidi Solheim, WHC chief operating officer and project manager. “The construction work over the past three years has brought many challenges for our staff and patients and we are grateful for the patience and understanding shown by all. The new addition and renovated facility is allowing us to expand services and enhance the quality of care we provide to our patients.”

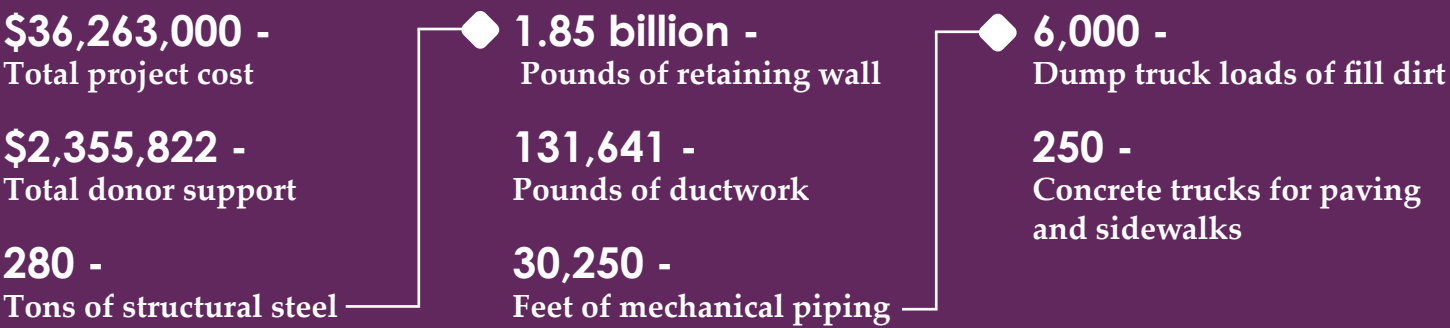
Solheim continued, “Our design team included Graham Construction, Invision Architecture, Modus Engineering and Raker-Rhodes. The construction team and our facilities and safety team at the hospital worked together very well throughout the project. I am thankful for everyone who shared their time and talents to enhance our facility.”

The hospital’s Patient Partnership Council was able to take part in the planning, design and development phases. From the flow of the facility to the interior design choices to the selection of furniture, this group of volunteers was able to offer the voice of the patient to the project.

With the building project wrapped up, WHC is recruiting more visiting specialists to Waverly. Cedar Valley Medical Specialists has already increased their orthopedic, neurology and cardiology services in their dedicated clinic space near radiology. Additional services are expected in the near future.

In conclusion, the team at Waverly Health Center is proud to serve our patients and the community. Our updated facility will enhance our ability to care for you, your family and your neighbors for many years to come.

## Construction Facts



## Construction Project Timeline



Thank you  
to our  
generous donors

WAVERLYHEALTH  
— C E N T E R —  
FOUNDATION

The gift recognitions below were received  
between July 1, 2022 to June 30, 2023.  
Please contact us at (319) 483-1404 to  
learn more about how you can support  
the Foundation.

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## Life changing birthing experience at WHC



A house full of healthy boys. That's what Meghan Landers, of Shell Rock, experiences every day, partially thanks to four successful deliveries at Waverly Health Center (WHC). Sons Kayden, Tegan and Jaydon, now 13, 10, and 7 years old, were born through routine cesarean section deliveries at WHC's Birthing Center. It wasn't until the delivery of their fourth son, Taelyn, now 5 years old, that Meghan and her husband had an experience that was anything but routine.

In late December of 2017, following the delivery of Taelyn, her fourth child, Meghan's blood pressure dramatically increased, causing her liver to start to fail. Meghan's hospital stay was extended so that she could receive magnesium treatments. "I was comforted by having the familiar faces of the nurses around me."

Over the years, Meghan got to know several of the nurses in the birthing center. "It is so home-like and personable." Meghan shared. "You develop a bond and the nurses treat you like family." Meghan would soon find out just how caring WHC's nurses really are.

On Christmas Eve, baby Taelyn was healthy enough to go home but mom's health continued to decline. Hoping to be home on Christmas Day to celebrate the holiday as a family of six, Meghan and Taelyn stayed in the birthing center.

"As horrible as it was, it was probably one of the best Christmases because of the nurses," Meghan said. "It was like a spa day - essential oil massages, legs wrapped in warm towels and fans blowing." Jessica Dewey, RN, certified lactation consultant, and Jodi Holschlag, RN, were next to Meghan every step of the way. When Meghan was too weak to hold Taelyn to breastfeed, the nurses held the baby for her, helping her achieve her breastfeeding goals and supporting her physically and emotionally.

The day after Christmas, Meghan's health continued to decline and she was going to be transferred to University of Iowa Hospitals and Clinics. Meghan's husband, Thad, rushed to find care for their children so he could get Taelyn from the hospital before Meghan departed, while Meghan tried to stay at WHC for as long as she could.

Unfortunately, time was not on the family's side. Jessica turned to Meghan and said "Meghan, you need to go. It's time." Meghan asked what would happen with the baby and without hesitation, Jessica replied "Give him to me. I'll snuggle him."

Meghan passed Taelyn off to Jessica as they wheeled her away. "I never once questioned the care he would receive with the nurses. It was like I was leaving him with trusted friends."

Five years later, Meghan and her family continue to seek care at Waverly Health Center and Christophel Clinic is their chosen family practice clinic.

*"There is no one else I would trust with my family's care and there is no place I would rather deliver than WHC." Meghan said. "We are so thankful that the birthing center nursing staff are a part of our family's story."*

## Emergency surgery saves Waverly resident's life

After months of constant stomach pain and reflux, Bruce Gipple, of Waverly, made a trip to the Waverly Health Center (WHC) emergency department. This was the fifth emergency department Bruce had visited in the past five months for the same issue. He and his wife, Nancy, were ready for answers.

By the time Bruce visited WHC, his undiagnosed illness was causing him pain and he had also lost 45 pounds.

"On a scale of one to ten, the pain I was experiencing was at least a 12," he recalled. Bruce was admitted to the medical/surgical floor at WHC where he received a visit from Dr. Matt Glascock, an advanced laparoscopic surgeon with WHC's General Surgery Clinic.

After looking over Bruce's history and examining him, Dr. Glascock noted the seriousness of the situation. He told Bruce, "You need surgery, and you need it now."

The next day, Bruce went into surgery with Dr. Glascock. Several years ago, Bruce had four hernias repaired. The mesh surrounding the hernias had pulled apart and was causing a blockage in his digestive track. After Dr. Glascock repaired the hernias, Bruce spent 13 days in the hospital recovering. He was put on a restrictive diet to allow healing.

Bruce and Nancy are so grateful for the quick and life-saving actions taken by Dr. Glascock and his team. He gave credit to many nurses who cared for him and kept him company during the long days of recovery.



*"Describing my time at Waverly Health Center as a 'great experience' is an understatement," Bruce expressed. "Dr. Glascock saved my life. We've spread the word and told everyone about our great experience at Waverly Health Center."*

# Fiscal Year 2023 Highlights

## July 2022

- Stacy Huck, ARNP, starts seeing pediatric patients in the Nashua Clinic
- Dr. Kenny Rodriguez, ENT with Cedar Valley Medical Specialists, starts performing surgeries at WHC
- The Joint Commission hospital and ambulatory services surveys were conducted

## August 2022

- Mary Jane Hughes, ARNP, joins the Walk-In Clinic
- Dr. Emily Boevers joins the Women's Clinic
- C-Mac video intubation system goes live in ED

## September 2022

- Jacob Nagel, PA-C, joins the Walk-In Clinic
- Sibling and grandparent visitation resumes in the Birthing Center
- Successfully closed \$27,063,000 in USDA loans for building project
- General Surgery Clinic moves into newly renovated clinic

## October 2022

- First Mako SmartRobotics total knee replacement takes place at WHC
- Cedar Valley Medical Specialists begins seeing patients in dedicated visiting specialist clinic
- Cardiovascular services and respiratory therapy move into newly renovated space
- Vitek microbiology system goes live in lab
- GEM blood gas analyzer goes live in lab

## November 2022

- Heartland Anesthesia becomes WHC's contracted anesthesia and pain services provider
- Cardiopulmonary rehabilitation moves to new location on the 3rd floor
- MRI renovation bid package releases for public bidding
- Therapy pool upgrades are completed
- Jodi Geerts named interim chief executive officer

## December 2022

- Hosted donor appreciation event to celebrate the conclusion of the building project
- Beyond the Building Campaign donor wall unveiled
- The Joint Commission laboratory survey was conducted

## January 2023

- Jodi Geerts named chief executive officer
- Walk-In Clinic moves to new location on 3rd floor
- \$36.2 million building project completed

## February 2023

- Kelly Hilsenbeck named chief nursing officer
- MRI building project kicks off
- Dr. Ann Rathe receives WHC Spirit of Volunteerism Award

## March 2023

- Julie Cousin, ARNP, joins General Surgery Clinic
- New hematology instrument goes live in lab
- Dr. Emily Boevers begins seeing patients at the Nashua Clinic
- Planning for the new pediatric therapy space begins

## April 2023

- Dr. Dib begins holding cardiology visiting specialty clinic
- Gift Garden opens in new location at green entrance

## May 2023

- Federal COVID-19 Public Health Emergency expires
- Nicole Myers named chief clinic officer
- Dr. Cibula begins holding podiatry visiting specialty clinic
- 100th Mako SmartRobotics surgery completed
- Pediatric therapy capital campaign begins
- WHC ambulance department published in Journal of Emergency Medical Services (JEMS)

## June 2023

- Mass casualty incident community-wide full scale exercise held
- Leo Steffen named Volunteer of the Year
- Jill Schmitt, ARNP, joins the Nashua Clinic and Janesville Clinic