Wartburg College Sports Medicine

Pre-Participation Medical Information

Dear Student-Athlete,

Welcome to Wartburg College athletics. All incoming student-athletes are required to complete the Incoming Pre-Participation Packet, Athletic Insurance Form, submit from/back copy of insurance card and submit a Physical Exam. Physical exams must be completed after June 1st, 2020 and will only be accepted on the Wartburg Physical Exam form. Upon completing these required forms please upload them directly back into your profile at sports3.presagiasports.com. There are detailed instructions on how to complete this process on the next page.

These requirements should be completed and uploaded by August 1st. Please note that physical exams must completed specifically for participation in college athletics and performed after June 1st so that they cover the full year of athletics (August-May). **Physical exams completed for high school participation or in the previous academic year will not be accepted per NCAA policy.**

Pre-participation requirement instructions:
1. **Create profile on sports3.presagiasports.com**
2. **Complete all fillable PDF forms**
3. **Physical exam competed by medical provider with the following credentials MD, DO, PA, and NP. Physical exams from chiropractors will not be accepted.**
4. **Upload Pre-participation Packet, Athletic Insurance Form, Insurance card copies and Physical Exam.**
5. **All requirements must be met before you can be cleared for participation.**

Please direct any questions regarding this process to:
Danny Drees
Assistant Athletic Trainer
daniel.drees@wartburg.edu
Cell: 563-451-8010

NEW ATHLETE LOGIN

1. Go to sports3.presagiasports.com on your computer

2. Once there, click on athlete sign-up

3. Fill out the required information using your <u>Wartburg email address</u> and use knights for the organization code and verification phrase

Athlete Sign-up

First name

Last name

Date of birth

mm/dd/yyyy

Organization code (used only when provided by your administrator)

knights

Email

Your email address is also your Presagia Sports user ID.
Enter your school (or organization) email address here.

Verification phrase

knights

Type in a secret word or phrase that we will use later on to verify that you created this profile.

4. An activation code will be sent to your email.
5. Copy and paste it, choose a password, and enter your phone number

Athlete Sign-up

Please keep this page open, while you retrieve the Activation Code from the email message that we just sent to you.
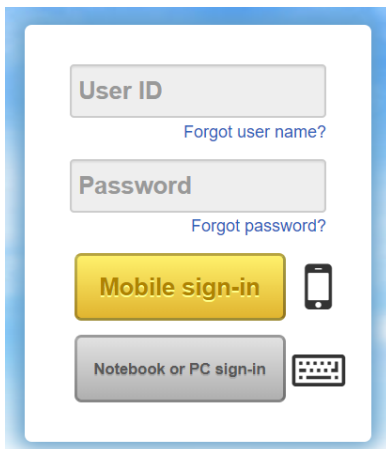
Paste or type in your Activation Code:

Specify your desired password:

☐ Show password

Phone

6. Once filled out it will log you into the mobile site, sign out and re-login using your Wartburg email as your user id and your new password, click on Notebook or PC sign-in

7. Once your account, click on document manager.

8. Once in document manager, click and download 3 different forms
    "2020 Athletic Insurance form"
    "2020 New student Pre-Participation Packet Form"
    "2020 New Physical Form"

Document Manager

Document Manager - upload or download

If you wish to download an unfilled PDF form, click on o[...] the downloaded links:
* Download the 2020 Medical Recertification Packet f[...]
* Download the 2020 Athletic Insurance Form form
* Download the 2020 New Student Pre-Participation Packet form
* Download the 2020 Physical Form form

If you are ready to upload an athlete's com[...] orm, select the file, specify the type form, and click the Next button:

Select file: * [   ] [Browse ...]
Type of form: * [   ] ⌄
Submition date: * [26-May-2020] ▦

***if you have a MAC, make sure you click "file" then "export as a PDF" before saving or it will upload blank

9. Once downloaded fill out all the information requested in the text boxes, including athlete signatures. All information can be filled out on the computer other than your 2020 Physical.
    **your physical needs to be completed by a MD, DO, PA, and NP.

10. Once filled out, re-upload back to your profile. You will have to upload them one at a time.

Document Manager

Document Manager - upload or download

If you wish to download an unfilled PDF form, click on one of the downloaded links:
- Download the 2020 Medical Recertification Packet form
- Download the 2020 Athletic Insurance Form form
- Download the 2020 New Student Pre-Participation Packet form
- Download the 2020 Physical Form form

If you are ready to upload an athlete's completed form, select the file, specify the type form, and click the Next button:

Select file: * [   ] [Browse ...]
Type of form: * [   ] ⊘
Submition date: * [26-May-2020] 🔳

**If an error shows up, make sure to re-submit the paperwork

**Your physical will need to be scanned and re-uploaded as well.

Here are two options on how to scan from your phone:
<u>Android</u>   <u>iPhone</u>

Scan a document

1. Open the Google Drive app ▲.
2. In the bottom right, tap Add ⊕.
3. Tap Scan ◎.
4. Take a photo of the document you'd like to scan.
   - Adjust scan area: Tap Crop ⊐.
   - Take photo again: Tap Re-scan current page ↻.
   - Scan another page: Tap Add +.
5. To save the finished document, tap Done ✓.

How to scan a document on iPhone and iPad

1. Open Notes on your **iPhone** or iPad.
2. Create a new note or tap on an existing one to add a document to it.
3. Tap the camera button at the bottom of the screen or above the keyboard. ...
4. Tap **Scan** Documents.
5. Line up the document you want to **scan**.

11. You are Finished!

This process is **<u>REQUIRED</u>** for you to compete in the Fall