

Is Your Colonoscopy Screening or Diagnostic?

When your doctor schedules your colonoscopy it may be defined as screening or diagnostic.

A *screening colonoscopy* is when your doctor does not detect any health problems before, during or after your colonoscopy.

A *diagnostic colonoscopy* is when your doctor detects signs and/or symptoms of a potential health problem prior to your colonoscopy.

During the course of your screening colonoscopy, it can easily change from screening to diagnostic. An example of this would be if the doctor finds a health problem or needs to immediately remove a polyp. If this occurs, your insurance may not cover the same costs as a screening colonoscopy.

Know Your Insurance Coverage

WHC is unable to tell you what your insurance plan covers. Please contact your insurance company before your scheduled colonoscopy to learn what is covered. Our office may call your insurance for pre-authorizations prior to your colonoscopy, but this does not guarantee payment for the service.

Billing Questions

WHC staff is here to help answer your billing questions. Please call our Clinic Billing Office at (319) 483-4889.

SUFLAVE Prep

Preparing For Your Colonoscopy

SUFLAVE is a laxative meant to cleanse the colon in preparation for a colonoscopy. SUFLAVE is a two-day, split-dose regimen.

WAVERLYHEALTH
— C E N T E R —
GENERAL SURGERY CLINIC

(319) 352-8033

WaverlyHealthCenter.org
312 Ninth Street SW Waverly, Iowa 50677

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Date of Colonoscopy:

Time: Surgery will call you with your time 1-2 business days beforehand.

Check-in at surgery complex:

1. Park in the Red Lot
2. Take the elevator to the 2nd Floor
3. Turn left off the elevator and follow the hallway to the surgery complex

Special Notes

- ☒ You need a driver to take you home. You cannot drive for 24 hours after.
- ☒ For 7 days before, do NOT take: regular (325 mg) Aspirin, Ibuprofen (Advil, Motrin, etc), Naproxen (Aleve), Mobic (meloxicam) and other anti-inflammatory medications.
- ☒ Baby (81 mg) Aspirin is ok if taking to thin your blood.
- ☒ Tylenol (acetaminophen) is okay to take.
- ☒ Hold Lisinopril day of procedure
- ☐ For 5 days before, stop taking iron supplements.
- ☐ No PLAVIX/COUMADIN/EFFIENT/ELIQUIS for ____ days before.
- ☐ Do NOT take Lasix (Furosemide), Hydrochlorothiazide (HCTZ), Spironolactone, or other “water pills” the day of your procedure.
- ☐ **Diabetics:**
 - Take ½ dose of diabetic medicine the night before your procedure.
 - DO NOT take any diabetic medicine the morning of your procedure.
- ☒ Continue blood pressure, heart and other prescription medicines except those listed above. *You may take these with a sip of water the morning of your procedure.*

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TWO DAYS PRIOR TO SCOPE

Increase fluid intake to at least eight glasses that day. Follow a soft food diet – examples: scrambled eggs, yogurt, smoothies, cottage cheese, puréed soups and soft fruits..

ONE DAY PRIOR TO SCOPE

Begin a clear liquid diet ONLY – NO FOOD. Examples: water, coffee, or tea (with no milk or creamer,) Jello, popsicles (no red,) chicken/beef broth, fruit juice (no pulp.)

Step 1: In the AM, open one flavor-enhancing packet and pour the contents into one bottle. Fill the provided bottle with lukewarm water up the fill line. Gently shake the bottle until all powder has dissolved. For the best taste, refrigerate the solution before drinking. Do not freeze.

Step 2: At 5 PM, begin drinking the bottle of solution. Drink 8oz of fluid every fifteen minutes until the bottle is empty. If you experience nausea, bloating, or abdominal cramping, pause or slow the rate of intake until symptoms lessen.

Step 3: Drink an additional 16oz of clear liquid before bed. **Repeat step 1 before bed.**

DAY OF SCOPE

3 hours prior to check-in time, **repeat step 2** - begin drinking the second bottle of solution. Drink 8oz of fluid every fifteen minutes until the bottle is empty.

Drink an additional 16oz (half the bottle) of clear liquid before arriving for your procedure.

No the morning of surgery! (No smoking, vaping, chewing, dipping)

Office Follow-up Visit _____