

Waverly Health Center Volunteer Services

NEWSLETTER

DECEMBER 2025

NOTES FROM MELINDA

83 volunteers completed the WHC Volunteer Satisfaction Survey — thank you!

I'd like to share a few highlights, updates and responses to common questions:

- ED Volunteers: We've added a name badge attachment to your student badge so you can write your name clearly. This will help staff learn your name more easily.
- Coffee: WHC provides free coffee and tea at all times for visitors, staff and volunteers. You'll find it in the Dining Room on the 2nd floor.
- General Suggestions: I'm following up with volunteers who left area-specific feedback, such as for Patient Ambassador roles.
- Keep the ideas coming! Please feel free to reach out anytime with suggestions on how we can continue improving the volunteer program.
- If you ever feel like you would like to volunteer in a new area, let's chat!
- My goal is to have you enjoy where you are volunteering!

Thank you for your feedback and for everything you do for WHC!

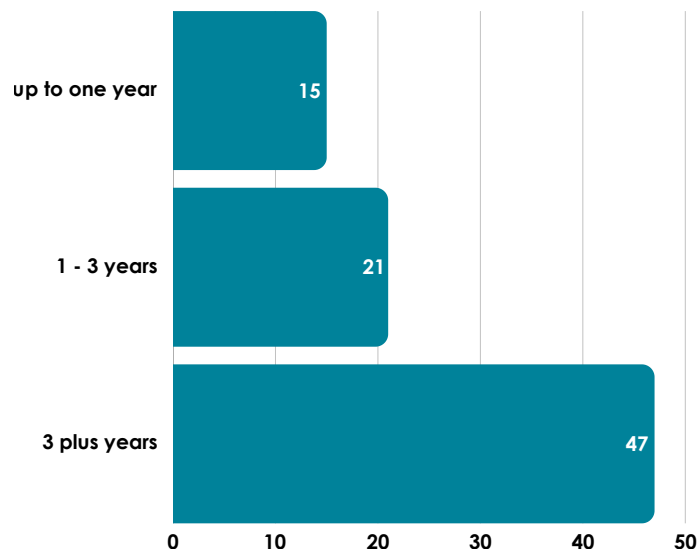
Melinda



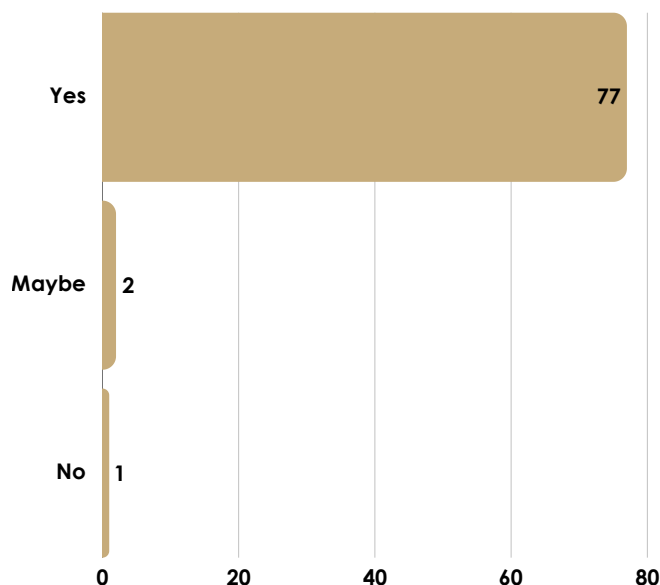
New Volunteers:

Claire O'Donnell
Peggy Rathe

How long have you volunteered with WHC?



Do you feel that the hospital appreciates your contributions as a volunteer?



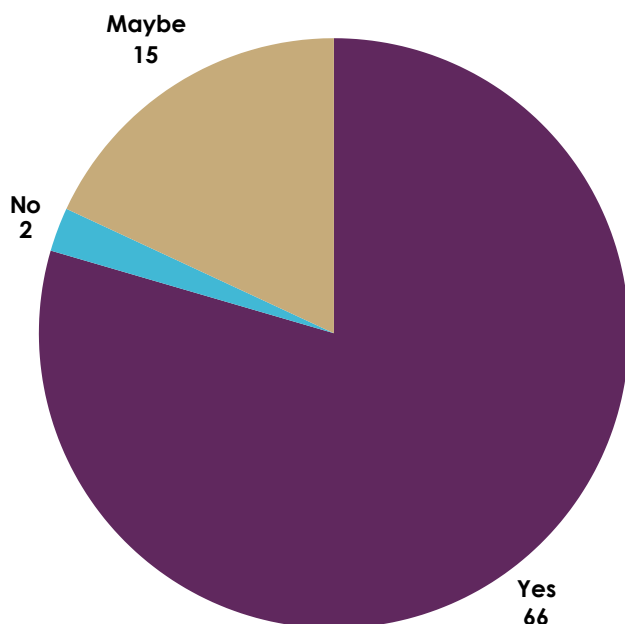
No Volunteering

Reminder: No volunteering on
Christmas Eve and Christmas
Day

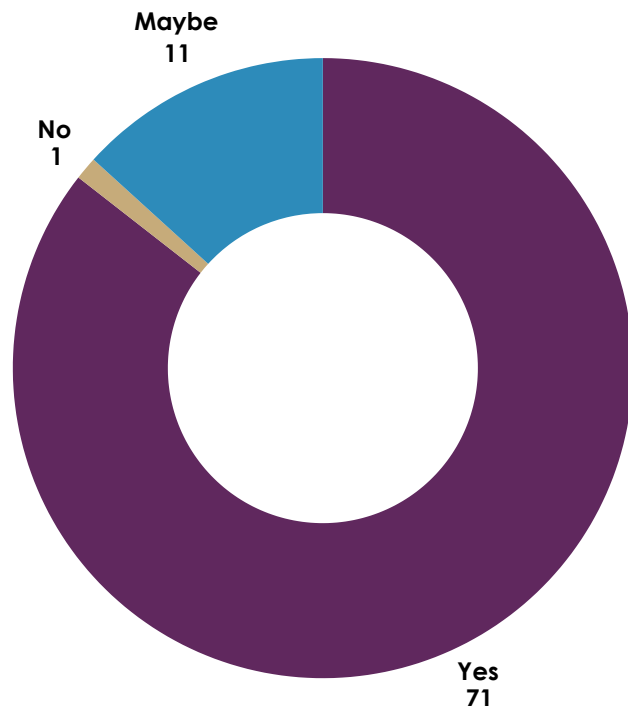
Waverly Health Center Volunteer Services

Volunteer Satisfaction results continued:

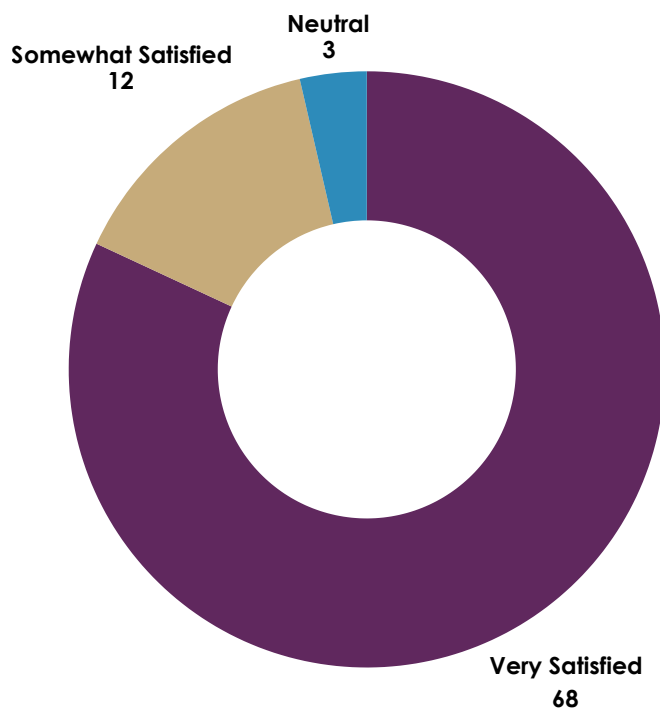
Do you feel your skills and strengths are being utilized in your volunteer role?



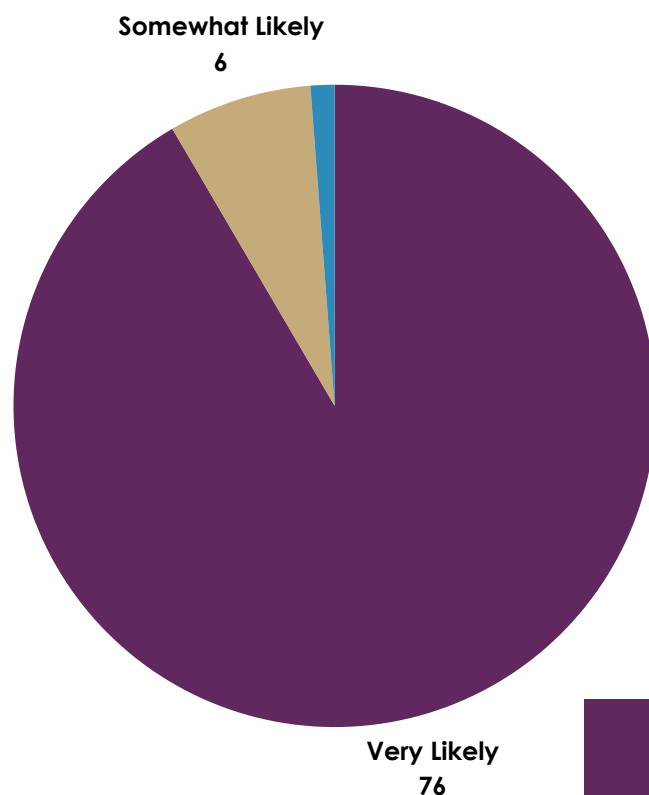
Do you feel that your volunteer role is fulfilling and meaningful?



How satisfied are you with your overall experience as a volunteer?



How likely are you to recommend WHC's volunteer program to others?



Waverly Health Center Volunteer Services

What do you enjoy most about volunteering at WHC?

connections with patients

People& Staff

Assisting people

staff and the patients

staff and visitors

staff in OPS

new people

Helping

hospital hospital staff

help the patients

needed need of help

Interaction with staff

WHC

meeting people

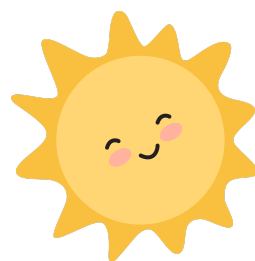
patients/clients

nurses and patients

patients and their families

Working with the people

If you are going south for the
winter, please remember to
let Melinda know!



Waverly Health Center Volunteer Services

November Auxiliary Board Meeting

Highlights from the WHC Auxiliary November meeting 11/10/25:

- Jodi Geerts shared that WHC is moving to EPIC and plan to go live 10/2026. Andy Garcia's producers were onsite, and PBS will be showing a documentary on hospitals that WHC will be highlighted. In the last 4 years, since the new ED has opened, volume has increased almost 3 times. The City of Waverly provides \$75,000 annually towards ambulance replacement. The city pays for gas and ambulance repairs. A new ambulance cost is \$200,000 – \$240,000. There is a 3-year waiting list for a new ambulance. Funding for 911 comes through local option sales tax. The breast coil imaging for the MRI is up and running. Geerts ended with a thank you to the Auxiliary for the support it provides to WHC.
- Auxiliary finances show a balance of \$7,101.15. No activity in October.
- The Nutman will be here December 2nd and 3rd at the Green entrance.
- Gift Garden managers, Beth and Vicki will be going to market in January.
- The Auxiliary will be 65 years old in March 2026!
- Melinda attended a conference. 76 volunteers had completed the volunteer satisfaction survey.

The December meeting will be December 8 at 9:00 am in the CG room. All are welcomed!

AUXILIARY FUNDRAISER



**The Nutman Company
USA, INC**

Tuesday, December 2nd - 8 a.m. to 4 p.m.
Wednesday, December 3rd - 8 a.m. to 2 p.m.

200 Fine Quality Nuts, Chocolates, Snack Mixes and
Candies

Green Entrance Waverly Health Center
312 Ninth St. SW, Waverly

THE
Nutman
COMPANY
U S A, INC.

WAVERLY HEALTH
CENTER
AUXILIARY

Waverly Health Center Volunteer Services

TRAINING CORNER

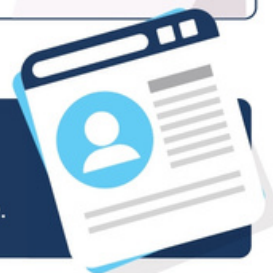
Safeguard your emotions.

Cybercriminals make use of psychological tricks to try and hack your emotions. They use your emotions to get you to do things you wouldn't usually do, like:

- **Reveal** information.
- **Install** malicious software.
- Unknowingly **participate** in scams.

How do they do this?

- They **profile** you on social media.
- They try to **engage** you in person, often over the phone.



Once they have your attention, they make use of subtle but effective psychological levers:

- **Fear**
Cybercriminals use fear to create a feeling of worry or panic - they use a notion of authority, which is often what causes the victim to hand out information. Typically this is done via email or telephonic communication.
- **Flattery**
Cybercriminals tap into your pride - they use language that appeals to your ego, using words like "I thought you were the best person to ask."
- **Greed**
People-hackers know that most people like rewards - they use this to their advantage to try and get you to fall for their scam.

If you receive communication that leaves you feeling unsettled or unsure, stop before taking any further action. Trust your instincts and take a **moment** to think about your **cybersecurity**.

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Christmas Word Search Puzzle

Courtesy of Christmas-Projects.com



TYULETIDEMCHRISTMASLIGHTSPACBNG
NSLIHAOAHVHSNBGESNOWFLAKEBDKHC
CRHDVCGSCTIGNTOMOTATHREEWISEMEN
STOYSYUHAOMEDHEWNUTCRAACKERVFJWG
CNLBJCMEYSNCBORNAMENTSUZSWIYZIE
JOLLYARRUDEHALGAKIGLYMOECRAEOCR
ITYOJWADXNYEMISTLETOEOELSEHSLLEB
NSCANDYCANESSCDFVGRYPNDOPDURNSAR
GOBPUACHRISTMASTREEMNGLSTREMNGE
LCSCROOGEBLNDYCAITNAIAGTREASTYA
ETGTWDMBVSEULSEVNHCCECSFEKRECNAD
BSNHIAEEFUITVCJRKTSEILUCDNHOIRM
EILJRHTMRHGSHAEFEMASGEHOQUCOAIA
LWKFUYZNERHCDISWBGRCGEVERNAKUKN
LECAEPWVSAYVEQUJB TNALNNC SRSITAE
SOOINREINDEERHSAOECARAHOE MOEAPV
NHTNYEVXRNTNSUMEIKUOMCUECHVSARI
LMSOGSAETAESPODFAVMWSIHSI LESNIT
CEDBUEUNATIVITYOFSOJACKFROSTUHS
UOGBTNHCOEYKRMUTLNORTHPOLECFWRE
PSWINTERSLTEISDYS PENSASWRUKRNAF
IEFRESVOIWRSTZOMTCHLROUCLYMOIRC
DKLTLLULMEUEPRANCEROGARLANDASETA
JOSTVYAEAOUIHBNITREICTOEBWITYRG
NAPWEFRXDEL CMZEPALRANEZVOXTYNOJ
CHRISTMASDINNERCDEFBLITZENDFIMK



Angels
Candy Canes
Chimney
Comet
Donner
Frosty
Ivy
Joy
Noel
Prancer
Santa Clause
Snowflake
Tinsel
Yuletide

Bells
Cards
Christmas Dinner
Cookies
Elves
Garland
Jack Frost
Manger
North Pole
Presents
Scrooge
Snowman
Toys

Blitzen
Carols
Christmas Lights
Cupid
Family
Gingerbread Man
Jesus
Merry
Nutcracker
Reindeer
Season
Spirit
Vixen

Bow
Cheer
Christmas Tree
Dancer
Festive
Holidays
Jingle Bells
Mistletoe
Ornaments
Ribbon
Sled
Stockings
Winter

Candles
Chestnuts
Church
Dasher
Fireplace
Holly
Jolly
Nativity
Peace
Rudolph
Sleigh
Three Wise Men
Wreath



ACCIDENTAL INVENTIONS

VELCRO - Swiss engineer George de Mestral was on a hunting trip with his dog in 1948 when he noticed how burrs would stick to its fur. Eventually, he managed to replicate the effect in his laboratory, but it wasn't until NASA came along in the 1960's and began using the material in its space program that this "zipperless zipper" was really popularized.

DECEMBER 2025



DATES TO REMEMBER:

10/15 - 12/7 Open Enrollment Period for Medicare

12/8 Doug Karsjens

12/8 Auxiliary Board Meeting 9:00 - 10:00 am CG Room-
everyone that receives this newsletter is welcomed!

12/9 Diane Steege

12/16 Tom McGrane

12/9 Breast Cancer Support Group 6:30 - 7:30 pm in Tendrils

12/18 Parkinson's Support Group 1:30 - 3:00 pm in CG Room

12/23 Seth Bailey

12/24 Christmas Eve- no volunteering

12/25 Denise Graettinger

12/25 Christmas Day - no volunteering

12/27 Vicki Haaland

12/28 Jan Wilcox

12/28 Sophia Stahle

January 2026:

1/1 New Year Day - No volunteering

Popcorn Sale for Super Bowl

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Melinda out of the office
12/25 & 12/26
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