

Report to the Community

Fiscal Year 2025

July 1, 2024 to June 30, 2025



WAVERLYHEALTH
— C E N T E R —

CEO UPDATES

Jodi Geerts

This past year marked meaningful progress for Waverly Health Center, driven by our shared commitment to excellence, collaboration and the unwavering belief that patients remain at the heart of everything we do. We introduced a new business system, expanded our services and strengthened partnerships within our community. These achievements reflect the dedication and exceptional efforts of our team.



As we move forward, we remain steadfast in our mission to provide high quality, person-centered care while continuing to innovate, align and advance as a unified health system. Together, we are shaping a future where high quality health care is accessible, coordinated and continuously improving for every person we serve.

We plan to build on this momentum and continue to drive innovations that support the health and well-being of our community for generations to come. Thank you for your ongoing trust and partnership as we move forward into a promising year.

MISSION, VISION, VALUES

Our mission, vision and values guide each decision we make. From the services we provide to the way we support one another as a team.



Our Mission

Waverly Health Center will provide high quality, person-centered health care.



Our Values

Compassion

We will care for others with dignity and empathy.

Enthusiasm

We will eagerly provide a smile and friendly atmosphere.

Excellence

We will consistently provide quality care and service.

Innovation

We will be creative, progressive and open to change.

Integrity

We will be dedicated, honest, respectful and accountable.

Leadership

We will provide vision and guidance.



Our Vision

Waverly Health Center will be recognized for providing the premier health care experience in Iowa.

MEDICAL STAFF UPDATES

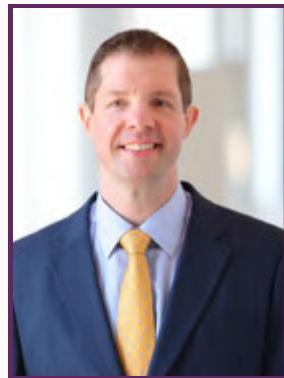
2025 Providers



Dr. Elizabeth Dupic
Christophel Clinic
Women's Clinic



Amber Heller, ARNP
Emergency Department



Dr. David Henry
General Surgery Clinic



Kaitlin Hilmer, ARNP
Shell Rock Clinic



Dr. Larry Lindell
Birthing Center



Michael Nelsetuen, ARNP
Emergency Department



Dr. Karla Solheim
Birthing Center



Staci Vrzak, ARNP
Emergency Department



Samantha Wolff,
PMHNP-BC
Behavioral Health

WAVERLY HEALTH CENTER

Strengthening Community Health

For 120 years, Waverly Health Center (WHC) has been a cornerstone of health in the community. Throughout its history, WHC has remained committed to excellence, delivering compassionate care and innovative treatments that prioritize the well-being of every person. The locally owned health center offers high-quality care that evolves to meet the ever-changing health needs of the area.

"As we reflect on the rich history of the health center, we look forward to continuing the legacy of outstanding service, ensuring the health and vitality of the community for generations to come," said Jodi Geerts, WHC chief executive officer. "We remain focused on optimizing the patient experience and providing high quality care close to home."

Enhancing Services

In October, WHC celebrated one year since the opening of the Center for Pediatric Therapies. This new space offers treatment space for children, including those with physical disabilities and developmental delays. The center features a sensory gym, play equipment and six private treatment rooms with spaces for customized treatment and age-appropriate activities. Pediatric therapy patient visits have grown tremendously since opening the doors of the new space, which led to hiring additional therapists. The center was currently being remodeled to add additional treatment space to serve more children.

In December, Dr. David Henry joined Dr. Melissa Garrett in the WHC General Surgery Clinic. They provide exceptional surgical care for a wide range of needs, including weight loss options. The Healthy You Weight Loss Solutions program offers comprehensive services designed to help individuals who are overweight achieve long-term weight loss through medical, surgical and lifestyle changes. This program offers a multi-disciplinary approach to maximize overall success.

Expanding Capabilities

WHC expanded its team with several new providers to ensure more people have access to timely care and essential health services when they need it most. The Walk-In Clinic grew both the team of providers and the hours of operation.

"By adjusting our staffing model, the Walk-In Clinic is now staffed with two providers from 8 a.m. to 8 p.m. every day of the week," said Doug Karsjens, WHC Walk-In Clinic manager. "Our hope is that this will further improve the patient experience."

The addition of ARNP, Samantha Wolff, expands the health center's capacity to meet the growing demand for behavioral health services. WHC can now also provide treatment for children ages six and older.

"Our goal is to make mental health services readily available in our clinics, alongside family practitioners, to ensure that we are offering integrative and collaborative care that supports total wellness," said Geerts. "By combining physical and mental health care, we can provide a more holistic approach to healing and ensure our patients receive the comprehensive support they need."



The General Surgery Clinic at Waverly Health Center offers surgical services and minimally invasive procedures for a variety of needs.

New WHC providers include:

- Dr. Elizabeth Dupic, Christophel Clinic
- Amber Heller, ARNP, Emergency Department
- Dr. David Henry, General Surgery Clinic
- Kaitlin Hilmer, Shell Rock Clinic
- Dr. Larry Lindell, Birthing Center
- Michael Nelsestuen, ARNP, Emergency Department
- Dr. Karla Solheim, Birthing Center
- Marissa Stoeffler, ARNP, Walk-In Clinic
- Staci Vrzak, ARNP, Emergency Department
- Samantha Wolff, PMHNP-BC, Christophel Clinic

State-of-the-Art Technology

The Birthing Center at WHC provides exceptional care and support to families during one of the most significant moments of their lives - the birth of their children. WHC is dedicated to ensuring that every newborn receives the best possible start. One of the crucial steps in this journey is ensuring early detection of hearing impairments. In 2024, WHC completed a fundraising campaign to support the purchase of a newborn hearing screener. Thanks to local support, \$22,000 was raised for new equipment to perform accurate and effective hearing screenings on every infant born at WHC.

As part of a future-focused strategy, WHC is undertaking a significant software conversion aimed at streamlining its operations and enhancing patient care. The hospital is laying the groundwork for a unified electronic medical record (EMR) system, which will seamlessly integrate patient data across departments, improving accessibility and coordination of care.

"By modernizing our technology infrastructure, we are preparing to meet the evolving needs in health care," said Geerts.

"High quality, person-centered health care is at the core of everything we do."

"From the technology we implement to our total wellness approach, this is the model of care people can expect when they come to Waverly Health Center."

WHC BY THE NUMBERS



Ambulance Calls
2,122



Babies Delivered
186



Emergency Department Visits
7,391



Inpatient Admissions
603



of Surgeries
2,362



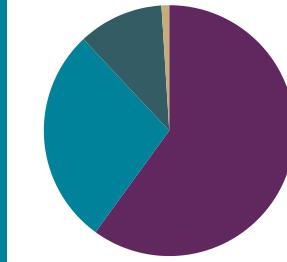
of Employees
482



Total Outpatients
65,120



Total Outpatient Registrations
492,714



Payor Mix

60% Commercial
28% Medicare
11% Medicaid
1% Self Pay



Average Cost Per Day to Operate
\$231,883

FOUNDATION UPDATE

Thank You To Our Donors

Jerry Aleff and Sandra Rada-Aleff

Jim and Barb Anderson

Michael and Evelyn Aubrey

Drs. Renu Bansal and Himanshu Tandon

Amy Bodensteiner

Jerry and Joan Boeding

Bremer County Community Foundation

Jan Brettmann

Blake and Katlyn Brownell

Carol Bruxvoort

Bob and Jean Buckingham

Dean and Lois Buhr

Gary and Mary Burke

Larry and Mary Beth Burken

Tammy Busch

Gregory and Michelle Byers

Jean Byl

Cynthia Cmelik-Reams

Brett Compton

Dee Coonradt

Bill and Deb Coonradt

Ellen Crayne

Douglas and Rynonda Creger

Jack and Barb Dahlby

Terry and Sandra Dahlquist

Dr. Clay and Jody Dahlquist

Stacia Danielson

Dawn Darrah

Danny and Becky David

William and Teresa DePuew

Derek and Amanda Dowd

John and Sarah Dunleavy

Mary Sue Ellinger

Richard and Laurie Everhardt

Exchange Club of Waverly

Kimberly Folkers

Dory Frericks

Cynthia Gabe

Stephanie Garner

Jodi Geerts

Matt Glascock

Linda Hansen

Elizabeth Hartman

Bill and Beth Havlovic

Brian and Dawn Heath

Janice Heinemann

Mark and Ann Henninger Trax

Tom and Tara Hensley

Fred and Sandy Herman

Madelynn and Marley Heyenga

Melissa Higgins

Layne and Kelly Hilsenbeck

Ryan and Erin Hogue

Hovenga Family

Stacy Huck

David and Gail Huser

Lance and Lindy Ibeling

Troy and Grace Ivey

Ryan and Ellen Jacque Family

Alicia Jahnke

Jim and Sandy Janssen

Dick and Cheryl Jensen

Edward and Lindsey Johnson

Dennis Johnson

John and Judy Johnston

Doug and Kerri Karsjens

Patrick and Sally Kelly

Rachelle Kelm

Kiwanis Club of Greater Waverly

William and Ruth Kobliska

Marilyn Korte

Dolly Kreger

WAVERLY HEALTH — C E N T E R — FOUNDATION

Kevin and Lara Kyhl	Tom and Jean Rasmussen	Waverly Health Center
Audrey Lage	Dr. David and Peggy Rathe	Waverly Health Center Auxiliary
Karmyn Larsen	Alicia Reams	Melanie Wedeking
Arlan and Diane Laube	Fred and Patricia Ribich	Vicki Wilken
Tony and Barb Lutz	Brian and Inger Robbins	Randy Wirtz
Ronald Matthias	Wayne and Marietta Sargeant	Darold and Diane Wolff
Rick and Deanna McCue	Thomas and Sarah Scott	Robert and Jo Wyatt
David and Janet McCullough	Cathy Sebilsky	John and Jane Zehr
Brian and Brenda Meyer	Michael and Kathe Sherer	
Marv and Mary Mihm	Jeff and Lori Shook	
Robert and Rhonda Moeller	Derek and Heidi Solheim	
Dick and Linda Moeller	Kim and Judy Sprain	
Douglas and Connie Moss	Jennifer Stoltenberg	
Shellie Murphy	Kelly Sullivan Loughren	
Nicole Myers	Mary Taylor	
Marlys Nannenga	Taylor Physical Therapy Assoc.	
Nick Nedza	Randy and Terrie Thurm	
Dave and Betty Nelson	Gene and Micki Thurm	
Mary Ochoa	David Timmerman	
Richard and Jeanette Pagel	Bill and Angie Tye	
PDCM Insurance	Tyrrell Masonic Lodge	
David and Mary Peters	#116 A.F. & A.M.	
Reymond and Melinda Pitt	Ethan and Keegan Voelker	
Ben and Jordan Pries	Marianne Waldstein	
Lucas and Corrie Ramige	Dale and Ann Walther	



Now in use in our Birthing Center: a new infant hearing screener made possible by our Foundation's 2025 campaign. This important equipment helps ensure newborns receive early hearing screening.

PATIENT STORIES

Back on Her Feet After Ankle Surgery

Four sport athlete Catelynn Koop, of Ackley, experienced what seemed like a routine ankle sprain before basketball season. She took some time off, rested and returned to normal activity. She made it through basketball season with tape and an ankle brace. Despite the lingering discomfort, she pressed on. By the time track season rolled around in the spring, the pain was hard to ignore. She took a break from hurdles and focused on running the 800-meter race.

"She ran her heart out and made it to state in the 4x800, where she ran a personal record time," said Christy Koop, Catelynn's mom. "We were super proud of her and the whole team. By this point, her ankle was hurting a lot and she had some weird bumps in her ankle."

Catelynn and her parents turned to Dr. Charles Cibula with Cedar Valley Podiatry and a visiting specialist at Waverly Health Center (WHC). Dr. Cibula specializes trained in ankle and foot surgery. An X-ray and MRI revealed that Catelynn's sprain had caused more damage than originally thought. The injury had torn a small piece of bone from her ankle and damaged the surrounding cartilage.

During surgery at WHC, Dr. Cibula discovered she had a fractured fibula in addition to the damaged bone and cartilage. It was a shock that she could compete or even walk on it. For seven weeks after surgery, Catelynn wore a special boot and could not put any weight on her ankle.

"As a parent it is so hard to see your child going through something like this and I am so thankful for doctors and nurses who care about their patients and take the time to help them," said Christy.

"I cannot say enough about how excellent the care was."

Catelynn was determined to get back on her feet —literally and figuratively. While her ankle was temporarily sidelined, her spirit and determination remained as strong as ever.

"I had a great experience at Waverly Health Center," said Catelynn. "Everyone was so nice and had a smile to help me get through my tough days. It has been a long road. I'm ready to be all healed up, but thankful to be this far on the journey."



Catelynn Koop after ankle surgery.

Pediatric Therapy Close to Home

At their 20-week ultrasound, Brad and Darby Muller were excited to learn they were having a boy. But their joy quickly turned to fear when they were told their baby had spina bifida. The family was offered a fetal surgery option to repair the opening in Odin's spine. The surgery went well, but the months that followed were difficult.

Odin was born on March 9, 2020, during the pandemic. He faced more complications than expected and needed a trach, ventilation support, a G-tube and a shunt. He spent his first five months in the NICU. Still, there was hope. He could move his feet and respond to touch, a sign the surgery had helped.

Brad and Darby wanted the best support for Odin's development. That search brought them to Waverly Health Center and the Center for Pediatric Therapies, where he began occupational, speech and physical therapy. The progress was life changing.

Today, Odin walks with his walker, takes some steps on his own, and communicates using sign language and an AAC device. His patience and focus have grown, helping him succeed.



Odin and a therapist from Taylor Physical Therapy during a session.

His therapists, Kristin and Cassidy (Taylor Therapy) have become like family. They understand Odin's needs, cheer him on and help him work through challenges. Odin loves therapy days, especially earning trips down the slide.



Odin at a therapy session with Kristin from Taylor Therapy.

Odin's primary care doctor, Dr. Wagner, has also played a huge role. She and her team help him manage his medical anxiety and always take things at his pace. His family says they feel supported and understood at every visit.

Along the way, the Mullers have also found comfort in connecting with other parents at the center. Sharing the journey has made it feel less lonely.

Today, Odin is thriving. He loves music and thanks to his determination, his family's love and the support of WHC, his future is full of possibility.

FISCAL YEAR HIGHLIGHTS

Key Milestones This Year

July 2024

- Ambulance team receives American Heart Association Mission: Lifeline Gold achievement award
- WHC's cardiopulmonary rehabilitation program re-certified by American Association of Cardiovascular and Pulmonary Rehabilitation

August 2024

- Waverly Health Center's 120th anniversary
- Jeff Thode, facility services manager, receives Limble CMMS Audit Excellence Award as part of the 2024 Maintenance Hero Awards
- Beth Havlovic named Chief Financial Officer
- Morgan Jacks, pharmacist, selected to attend the 2024 Decker-Temple Leadership Pharmacy Conference
- Dr. Robert Bartelt completes 400th Mako surgery

September 2024

- WHC honored as a "favorite" for the Courier's Best of the Best in the Hospital category and Customer Service – Medical category.
- Dr. Larry Lindell joins Birthing Center as a delivering provider

October 2024

- WHC ambulance crew receives IHA's Hospital Heroes Award
- One-year anniversary for Center for Pediatric Therapies
- Iowa House Speaker Pat Grassley visits WHC

November 2024

- WHC ambulance crew receives Career Service of the Year by Iowa Emergency Medical Service Association (IEMSA)
- Dr. David Henry joins General Surgery Clinic

December 2024

- Dr. Ronald Flory appointed to hospital Board of Trustees
- Dr. Stephen Styron retires from Women's Clinic
- Dr. Elizabeth Dupic joins Christophe Clinic and Women's Clinic
- Samantha Wolff, PMHNP-BC, joins as a behavioral health provider in the Christophe Clinic
- Dr. Karla Solheim joins Birthing Center as a delivering provider
- Staci Vrzak, ARNP, joins Emergency Department
- Amber Heller, ARNP, joins Emergency Department

January 2025

- Center Pharmacy celebrates 20th anniversary
- Melinda Pitt, volunteer services manager, receives Spirit of Volunteerism Award
- Dr. Troy Ivey joins administration team as Chief Quality Officer

February 2025

- Walk-In Clinic expands hours to 8 a.m. to 8 p.m. daily

March 2025

- Marissa Stoeffler, ARNP, joins Walk-In Clinic
- Dr. Melissa Garrett completes 1,000th colonoscopy

April 2025

- Michael Nelsestuen, ARNP, joins Emergency Department
- Kaitlin Hilmer, ARNP, joins as a provider in Shell Rock Clinic
- Dr. Emily Boevers completes 100th vnote procedure
- Center for Pediatric Therapies expansion project complete
- Iowa Attorney General Brenna Bird visits WHC
- Birthing Center celebrates 20th anniversary since opening in the Centennial Pavilion

May 2025

- Breast Cancer Support Group launches

June 2025

- Ambulance team receives American Heart Association Mission: Lifeline Gold achievement award
- Melinda Pitt, volunteer services manager, receives WHC's 2025 Friend of Nursing Award
- SHIIP counselors receive 2025 Volunteers of the Year recognition from Waverly Health Center Auxiliary
- 18 local health care students receive Auxiliary Scholarship awards
- MRI Breast Coil fundraising campaign begins
- Randy Wirtz retires from Walk-In Clinic
- Dr. Ben Torrez starts holding clinic and doing orthopedic surgeries at WHC