

# Waverly Health Center Volunteer Services

NEWSLETTER

MAY 2026

## NOTE FROM JODI

Team,

Every day, I see the dedication, compassion and professionalism you bring to our patients, our colleagues and our community. Your work and the way you care for one another is what makes our organization special. As we look ahead, we want to be intentional about the values that guide how we serve, how we work together and how we make decisions.

### **WHC's new values: ACT = Accountability, Compassion and Teamwork.**

- Accountability means we own outcomes. We don't wait; we ACT. We hold each other to a higher standard.
- Compassion means we lead with humanity. We support our patients and each other.
- Teamwork means we operate as one system. We manage up, set each other up for success and provide support and assistance without being asked.

### **At the heart of our new values is this truth: We will ALWAYS CARE TOGETHER.**

These values reflect who we are at our best. They are grounded in the care we provide, the trust we build with patients and families and the way we support one another as a team. They will serve as a foundation for how we move forward, shaping our culture, strengthening our relationships and guiding our decisions at every level of the organization.

These new values will help us continue to deliver on our mission to provide high quality, person-centered care.

Thank you for all you do for our patients, for each other and for our community.

Jodi Geerts | Chief Executive Officer

**WAVERLY HEALTH**  
— C E N T E R —  
We Always Care Together

# Waverly Health Center Volunteer Services

## NOTE FROM MELINDA

### Change, Change, Change and more Change!

New Values:

As you read from Jodi's note, WHC is updating our values to ACT! Staff and volunteers will be trained with our new values.

New Services:

Dr. Gesme is up and running on the 3<sup>rd</sup> floor Women's Clinic Breast Care Services. Thanks to everyone that helped man the orange entrance as he started seeing patients at WHC. This wonderful service will be great for WHC!

New Medical Record, EPIC Coming

Staff is working hard to bring EPIC to WHC in October 2026!

New Leadership structure:

We are evolving; leadership structure is changing to better support care.

WHC is investing more in front-line leadership.

Bring solutions forward: ideas for efficiency, staffing and patient flow are expected. Please bring all ideas to me or another staff person!

Know your business: use data to drive improvements and eliminate waste

Deliver care differently: innovation is not optional, it's required

Stay focused—patients, quality, access and experience remain at the center of everything we do!

Wow! Like always WHC is always "moving and shaking" and trying to make this hospital the best it can be. Thank you, Volunteers, for all that you do to support WHC!

We appreciate you!

Melinda

*Thank you for  
going above  
& beyond.*



**New Volunteer:**

**Khylie Wainwright**

**WAVERLY HEALTH**  
— CENTER —

We Always Care Together

## TRAINING CORNER



### Phishing Gets Smarter How AI Is Changing Online Scams

Ever received an email that looked real but was actually a scam? That's phishing — a trick cybercriminals use to steal your personal information. Now, with artificial intelligence (AI), these scams are becoming even more convincing. Let's explore how AI is changing the face of phishing and what you can do to protect yourself in this evolving digital landscape.



### How AI Is Making Phishing Harder To Detect

#### Personalized Attacks

AI can analyze your social media and other online information, compiling applicable details to create customized phishing messages. By gathering bits of personal information, AI can craft emails that appear tailored just for you, making these fake messages harder to spot.

#### Better Writing

AI can write emails with fewer mistakes, making malicious messages look more legitimate.

#### Voice and Video Tricks

AI can copy someone's voice or create fake videos that look like someone you know. For example, you might receive a call from a friend asking for money, but it could actually be an impersonator using AI technology.

#### More Targeted and Adaptive Attacks

AI doesn't just create convincing phishing messages; it's revolutionizing how cybercriminals approach their scams. These AI-powered systems can:

- Analyze phishing results in real time
- Rapidly fine-tune attack strategies
- Create highly personalized messages for specific targets
- Learn and improve from each attempt

This adaptive approach makes AI-driven phishing increasingly difficult for individuals and security systems to detect. As attacks evolve, they become more sophisticated and tailored to exploit specific vulnerabilities. The result? A new era of phishing that's smarter, more responsive, and constantly evolving to stay one step ahead of traditional defenses.



### How To Protect Yourself

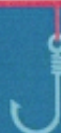
#### AI-generated content may have:

- Unusual phrasing or tone shifts
- Abrupt changes in writing style
- Out-of-place vocabulary
- Inconsistent personal details

#### Practical steps to enhance your security:

- Enable multi-factor authentication on all accounts
- Use a password manager to create and store strong, unique passwords
- Be cautious when clicking links or downloading attachments, even from seemingly familiar sources
- Verify requests for sensitive information through a separate, trusted channel

Stay safe out there,  
and don't let the  
phishers catch you!



By staying alert and following good online safety habits, you can help protect against these tricky scams.

Remember, if something seems too good to be true, it probably is. Trust your instincts and always double-check before sharing any personal information online. Stay safe out there, and don't let the phishers catch you!

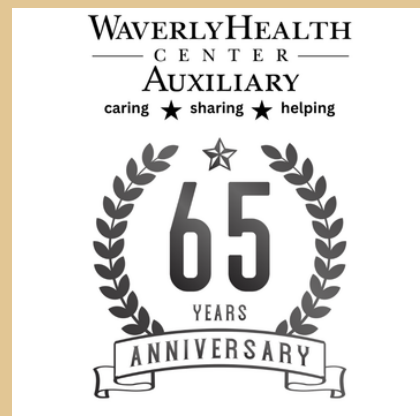
# Waverly Health Center Volunteer Services

## AUXILIARY ANNUAL MEETING

The Auxiliary Board did not meet in April

The Auxiliary Annual Meeting:

- o May 28, 2026
- o Tendrils Rooftop Garden
- o 9:30 - 10:00 social time
- o 10:00 - 11:00 business meeting
- o Installation of new officers
- o Scholarship winners recognized
- o Speaker: Emily Schut, Breast Care Navigator



## AUXILIARY CARD CLUB



Do you like to play cards?

The Auxiliary 500 and bridge clubs are looking for several couples for the upcoming season.

When: September-November and January-March once monthly typically on Saturdays.

Contact: Cheryl Bergman, [cbergman77@gmail.com](mailto:cbergman77@gmail.com) or 319-269-7535

or Glenda Slack, [glendasue2022@gmail.com](mailto:glendasue2022@gmail.com) or 319-269-1492

Don't have a partner, you can become a sub

An advertisement for The Nutman Company USA, INC. The background is white with several almonds scattered around. The text is centered and reads: "The Nutman Company USA, INC", "Tuesday, May 12th - 8 a.m. to 4 p.m.", "Wednesday, May 13th - 8 a.m. to 2 p.m.", "200 Fine Quality Nuts, Chocolates, Snack Mixes and Candies", "Green Entrance Waverly Health Center", "312 Ninth St. SW, Waverly". At the bottom left is the logo for "THE Nutman COMPANY U.S.A., INC." and at the bottom right is the logo for "WAVERLYHEALTH CENTER AUXILIARY".

# Blooming Bags Bingo

WEDNESDAY, JUNE 3, 2026

\$40 per person

Hosted at Waverly Area Veterans Post,  
1300 4th St. NW, Waverly, IA 50677

Bring your friends for a fun night of BINGO  
and a chance to win a beautiful handbag -  
all while supporting a great cause!

Must be 18+ to attend.

## \* Event Schedule \*

5:00 PM – Doors open

6:00 PM – BINGO begins

Walking Tacos available for \$5

Includes 15 BINGO games + 5 purse tickets

To purchase tickets,  
scan the QR code or visit  
[bit.ly/WHC-BloomingBagsBingo](https://bit.ly/WHC-BloomingBagsBingo)

Questions? email [MPitt@WaverlyHealthCenter.org](mailto:MPitt@WaverlyHealthCenter.org)



All proceeds go to Waverly Health Center Auxiliary

# MAY 2026



## DATES TO REMEMBER:

5/1 Carol Rasmussen

5/2 Janis Cramer

5/4 WHC Car Seat Check Event 5:30 - 7:00 Green Lot



5/6 Charlotte Westpfahl

5/10 Mother's Day

5/11 Joe Wolfe



5/11 Auxiliary Board Meeting 9:00 - 10:00 CG room all are invited

5/11 - 5/15 Hospital Week

5/12 Breast Cancer Support Group 6:30 - 7:30 pm in Tendrils

5/12 Nutman fundraiser 8:00 - 4:00 Green Entrance

5/13 Nutman fundraiser 8:00 - 2:00 Green Entrance

5/13 Penn Chopard

5/16 Diane Weiss

5/18 Hannah Buttjer

5/21 Caleb Stiles

5/21 Bruce Coleman

5/21 Parkinson's Support Group 1:30 - 3:00 pm in CG Room

**Melinda is out of the office 5/21/26 - 5/22/26 & 5/25/26**

5/25 Memorial Day- No volunteering

5/26 Maia Abrahamson

5/28 WHC Auxiliary's Annual Meeting in Tendrils

9:30 - 10:00 Social

10:00 - 11:00 Business Meeting



## Waverly Health Center Volunteer Services