

Waverly Health Center Volunteer Services

NEWSLETTER
SEPTEMBER 2026

NOTE FROM Melinda

Huge shout out to WHC Auxiliary! At the August 10th meeting the board voted to purchase the following items for WHC.

- Summit Flex Universal Exercise Unit, Center for Pediatric Therapies = \$9,500
 - This exercise unit is designed to help children with developmental and neurological disabilities, including traumatic brain injuries, cerebral palsy and autism. Currently, this therapy is not available, despite requests from families. Adding this equipment will allow more children to receive specialized therapy locally and support improved outcomes and quality of care.
- Ice machine for the west building break room = \$6,000
 - A wonderful benefit for staff, providing convenient access to ice right in their work area. It saves time, improves efficiency and eliminates the need to travel to the dining room to obtain ice.
- Eye cart = \$10,000
 - A specialized stretcher with a head stabilization mount for cataract procedures. Also used for ENT surgeries, improving patient safety and surgical precision.
- Exam table = \$6,800
 - New exam table for the Women's Clinic to replace aging equipment and enhance patient comfort and care.
- Cystoscope \$13,500
 - A scope used for urological procedures. The option Dr. Mulholland has been using is very dated and we need to get updated equipment.

Approximately \$46,000! Made possible from sales in our Gift Garden

A word of thanks from Jodi:

Oh my goodness! Thank you!!!!

Thank you doesn't seem to be enough for me to say to share my extreme appreciation for assistance with these purchases! We are extremely grateful to the entire Auxiliary.

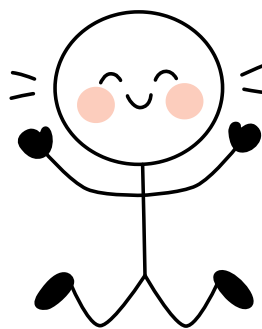
Thank you, Jodi Geerts | Chief Executive Officer



Waverly Health Center Volunteer Services



New Volunteer:
Rosemary McKee
Heather Leek
Sameer Sarwar
Barb Bridges
Christine Robbins



5000 HOURS OF SERVICE

🎉 Big Shout-Out to Julia Palestrina for Reaching 5,000 Volunteer Hours at Waverly Health Center! 🎉

For more than a decade, Julia has been a familiar and welcoming face at Waverly Health Center. She began volunteering at WHC in February 2013 and continued to generously give her time even after retiring as a WHC employee in 2018.

Over the years, Julia has served in a variety of volunteer roles, including Nutrition Services, dining room cashier and greeting patients and visitors at several WHC entrances. Today, you can find her at the Blue Entrance, where she continues to make a positive first impression as one of the first faces visitors see when they arrive. Reaching 5,000 volunteer hours is an incredible milestone and a testament to Julia's dedication, compassion and commitment to our patients, visitors and staff.

Thank you, Julia, for your many years of service and for all you do to support Waverly Health Center! 💙👏



VOLUNTEERS NEEDED

Dining Room volunteer opportunity- we are adding a morning shift 7 am - 10 am

More than just ringing up meals, our dining room cashiers help keep everything running smoothly each morning. From greeting guests and processing purchases to wrapping silverware, folding menus, stocking snacks and condiments and cleaning dining areas, they help create a welcoming and organized dining experience for everyone. Let me know if you would be interested in this new opportunity.

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Auxiliary Board Minutes

Highlights from the WHC Auxiliary August meeting 8/10/26:

WHC updates:

- New providers at Janesville and Parkersburg clinics.
- FY 2027 – 2029 Strategic Plan initial draft approved by WHC Board of Trustees.
- EPIC “Go Live” still anticipated 10/3/26.
- The DaVinci Robotic surgery is moving forward on schedule.
- Parkersburg Clinic is to open in September.
- The Iowa Bureau of Emergency Medical and Trauma Services has named the WHC Emergency Services Team and support departments as the “Iowa Level IV Trauma Care Facility of the Year” for delivering high-quality trauma care.
- Planning safety initiative in cooperation with local law enforcement.

Foundation: They discussed a new capital campaign for the long-term endowment.

Treasurer report: \$22,669.16

Gift Garden: Total funds available July 31, 2026, are \$85,291.33 with \$61,620.67 in the checking account and \$23,670.66 in the money market fund. Merchandise is coming in more slowly than we would like.

Health Education: Mailing out checks today for scholarship winners.

Events: Heritage Days parade went well.

Volunteer Services: Annual review is coming soon. 7 new volunteers and 3 more will be training soon. Wartburg students will be coming back in September.

New Business: It was voted on to purchase the following equipment for approximately \$46,000

- Summit Flex Universal Exercise Unit for Pediatric Therapies
- Ice machine for the west building break room WHC will place a plaque on the machine to acknowledge the Auxiliary.
- Eye cart
- Cystoscope
- Exam table

Fundraising: ISU/IA popcorn sale, working with Thompson's shoes for a sale in October.

NO MEETING IN SEPTEMBER

Meeting in October will be in the Administration conference room.

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AUXILIARY FUNDRAISERS

who will win ?

Iowa vs Iowa State Popcorn Pre-sale

Cheer on your team and support WHC Auxiliary at the same time
Pre-order your Iowa or Iowa State Here's What's Poppin' popcorn
and M&M mix to show your team support for this big game.
M&Ms in your snack bag will be either Iowa or Iowa State colors!!



Your popcorn purchase:

- Raises funds for local health care scholarships
- Supports patient care at Waverly Health Center
- <https://www.zeffy.com/en-US/ticketing/iowa-vs-iowa-state-popcorn-pre-sale-2>



Save the Date

Thompson Shoes
October 1-2, 2026
Green Entrance
Waverly Health Center



Mark your calendar

Waverly Health Center Volunteer Services



TRAINING CORNER

Reason We Shelter in Place During a Fire at WHC

During a fire at WHC, we shelter in place because the hospital is designed with fire-rated walls and fire-rated doors that help contain fire and smoke within a specific zone. When the fire alarm activates, many doors automatically close. These fire-rated doors, along with the fire-rated walls, create barriers that slow the spread of fire and smoke to other areas of the hospital. By keeping the fire contained to one zone, patients, visitors and staff in other areas can remain safe while emergency responders assess and manage the situation.

10 Common Traits of Phishing Emails

Asking for Personal Information	Most reputable organizations will never email you asking for your address, phone number, national ID number, or other personal data.
Inconsistencies in Links	Always hover over links with your mouse pointer to display the full URL. If it leads somewhere that doesn't logically belong within the context of the email, or generally looks nonsensical, don't click!
Unrealistic Threats	Phishing emails often feature threatening language, such as "Payment overdue!" or "Your account has been compromised!", in order to generate a response from their targets.
Generic Greetings	Unlike legitimate entities that will address you by your full name or username, phishing emails usually opt for generic greetings, such as Dear Customer or Dear Sir/Madam.
A Sense of Urgency	Similar to unrealistic threats, emails that urge you to click on a link or download an attachment or update your account immediately are likely scams.
You're Asked to Send Money	Whether it be overdue taxes or an upfront payment to cover expenses, any email that asks for money should immediately raise your suspicions.
Too Good to Be True	The old saying remains true to this day: if it's too good to be true, it's likely untrue. Keep that in mind any time you get an email claiming you won the lottery or are due a large family inheritance.
Poor Spelling & Grammar	Most generic phishing attempts contain spelling and grammar errors or feature awkward wording/phrasing.
Suspicious Attachments	Attachments aren't always malicious, but use extreme caution whenever you receive them unexpectedly.
From a Government Agency	In almost every case, government agencies don't use email to communicate anything of consequence. The IRS, for example, will never email you about your taxes or payments.

September 2026



SUN	MON	TUE	WED	THU	FRI	SAT
  Order popcorn for the game 8/26 - 9/8		1	2	3	4 Larae Maas	5
		8 Breast Cancer Support Group 6:30 - 7:30pm Tendrils	9 Phil Paladino	10 Speakers Series- Guide Dementia 1:30 - 2:30pm Tendrils Car Seat Check 5:30 - 7:30 Jerry Roling pick up IA/ISU popcorn	11	12 Kyndra Cummings Megan Pickar Vicki Piehl Cy-Hawk Game Kinnick Stadium
13	14 Betty Westmeyer Marnie Hubbard	15	16 Parkinson's Support Group 1:45 - 3:00pm CP conference room	17	18	19
	Melinda out of the office all week					
20	21	22 Paula Billet	23	24	25	26
27 Nette Schreen	28 Hadley Boshart	29	30	Thompson Shoe Sale Green entrance		